



THE HAY STACK SPRING NEWSLETTER

SPRING 2023

What have we been up to..

Ebony

Ebony loves getting snacks after a lesson. Ebony prefers to spend her time with the kids, she enjoys being brushed and snuggling. Ebony also loves taking a selfie with anyone that wants to have some fun.

Ebony deals with a lot of participants that need support equipment both on her back and on the ground. She never backs away or fears the equipment and she is always gentle in her approach.

Like humans, Ebony needs to see a massage therapist and chiropractor frequently to ensure her back muscles continue to align properly to handle the movement needed to give a steady rider to a participant that cannot support themselves.



Justa

Justa was the first horse at the barn and was one of the motivations to start Freedom Reins. Justa did participate in the majority of the lessons last year as she loves the kids and any attention that they will give her on the ground or while riding.

Justa is used to help advance the riders from beginning lessons to more advanced walk/trot lessons.

Justa likes to stay busy and is always aware of her riders abilities. Justa like most of us does not enjoy having her yearly checkups.

Horses need yearly shots as well as having their teeth check and corrected if necessary. The average cost of yearly veterinarian care per horse is approx. \$350.00.

This does not include any emergencies or medication that some older horses need for comfort.



Our first year was a hit!

So we decided to do another one...

We are predicting a 20% growth from 2022. Last year was our first year, and our overall turnout was 100 kids in our 7-month run time.

Although we look forward to growing with more participants our expenses will also grow.

- The cost of grain is up 15% (even with our discount)
- bale of hay is expected to be around \$7
- Vet costs are approx \$350 per horse for shots & teeth
- Farrier costs have risen to \$50-\$75 per horse
- Farrier costs for horses with shoes have risen to \$125 per horse

We have received participants from multiple service providers in the area.

Keene Housing Kids Collaborative

Easter seals

Dartmouth In Lebanon

Monadnock Developmental Services

State of NH - VOC Rehab

Home Health Care Hospice & Community Services of Keene



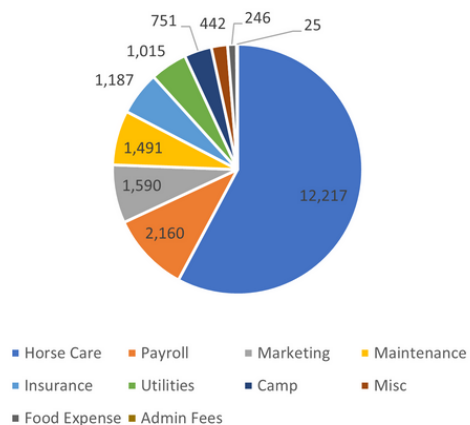
How Freedom Reins Fills the Gap..

Therapeutic Riding and equine-assisted activity benefit individuals with a wide range of challenges, be it cognitive, physical, emotional, social or a combination of them.

Therapeutic Riding lends independence and mobility to a person with disabilities that may otherwise be restricted.

Over the 7 months that we operated part-time in 2022, we were able to assist 50 individuals through equine-assisted riding. Ages ranged from 4 years old to 75 years of age. Individuals that otherwise would not have this opportunity as Freedom Reins is the only therapeutic riding center in the Keene area.

FY 22 Expenses



We are working on partnerships with nursing homes, MDS, and veterans programs for the future as well as plans for constructing an indoor arena so that our services can run year-round and fill the void that exists in the Keene area for these individuals.

Maya

Maya is a draft horse that came to us after having a rough life working on the farm. Maya is a big girl and also a big love bug. She will wrap her neck around anyone and go in for a hug. It seems the smallest of the participants are always drawn to the biggest horse.

Mayas' size works well with larger riders or those that have balance issues. Due to the sheer width of her back riders can sit more comfortably in the saddle.

Maya is physically the largest horse right now and with a big horse comes bigger bills. **She eats 3 bales of hay per week as well as 1 bag of grain. The cost of feeding Maya for a week averages \$55.00**



Indie

Indie enjoys getting her hoofs trimmed by our fabulous farrier. This happens every 6 weeks. They say "no hoof, no horse", Can you imagine walking around on your fingernails when they are too long. Horses' feet carry all their weight as well as tack and riders. They need to be kept healthy so that the horse is comfortable and able to do their job.

Indie is also the class clown of the barn and can be found with a bucket on her head, or standing in the water trough when she is bored. Indie teaches the kids to trot. She is bulky enough to handle larger riders and smooth enough so that she helps build the riders confidence quickly.

If you have a peppermint in your pocket Indie is your best friend.

Horses need farrier care every six weeks to keep their hooves aligned. "No hoof, no horse"

Farrier costs are between \$85 to \$100 for every visit





SPONSOR A HORSE PROGRAM

SPRING 2025

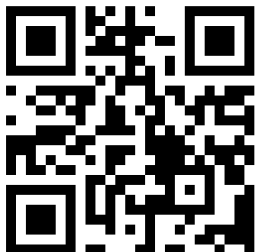
VETERINARIAN COSTS: \$300	Covers cost for yearly visit, vaccines and dental
FARRIER COSTS: \$85 - \$110	\$85 covers the cost of barefoot trims, \$110 is required for shoes and wedges for Justa Farrier visits occur every 6-8 weeks
CHIROPRACTIC ADJUSTMENT: \$125	per visit, at least four times a year, more if necessary
MASSAGE: \$125	per visit, at least four times a year, more if necessary
HAY: \$8 PER BALE CURRENTLY	Approximately 200 bales per horse each year
SHAVINGS: \$8 PER BAG, APPROXIMATE	Approximately 127 bags per horse each year
GRAIN: \$30 PER BAG, APPROXIMATE	Approximately 30 bags of grain per horse each year

You can also choose to sponsor a horse for an entire year for

\$5000 - covers all care for one horse for the entire year.

\$3000 - covers all Hay, Grain, and Vet costs for one horse.

\$2000 - covers all Massage, Chiropractor & Farrier for one horse.



Looking to donate a specific amount? please check out our site or reach out directly.